

Artwork:		
Tizorel Tablets Leaflet		
Article No.	13002852	Ver. 00
Date Created :	10:00 9th Oct., 2019	
Last Approved :		
Revision reason:	Formerly Merck removed	
Approved by :		
Approved on :		

Artwork Description:	
Size: WxH:	105mm x 146mm
Colors :	■ Pantone Black C



Tizorel Tablets (Tizanidine) Tablets USP

ٹائزورل ٹیبلٹس

Composition:

Tizorel Tablets 2 mg Each tablet contains:
Tizanidine Hydrochloride USP equivalent to Tizanidine 2 mg

Tizorel Tablets 4 mg Each tablet contains:
Tizanidine Hydrochloride USP equivalent to Tizanidine 4 mg

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.

- Keep this leaflet. You may need to read it again.
- If you have further questions, ask your doctor or your pharmacist.
- This medicine has been prescribed for you only. Do not pass it onto others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

What is in this leaflet?

- What is Tizorel Tablet?
- What are the indications for Tizorel Tablet?
- What should be the dose of Tizorel Tablet?
- What are the contraindications of Tizorel Tablet?
- What are the adverse effects of Tizorel Tablet?

What is Tizorel Tablet & what are its indications?

Tizorel tablets belong to a group of medicines called skeletal muscle relaxants. Your medicine is used to relieve the stiffness and restriction of muscles resulting from multiple sclerosis, injury or diseases of the spinal cord.

What should be the dose of Tizorel Tablet?

Always take Tizorel tablets exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

The usual dosage instructions are given below

Adults:

Your doctor will usually start you on a single dose of 2mg which will then be gradually increased. Your dose should not be increased more often than every three to four days. As the dose is increased

your doctor will advise you to spread the dose out to three or four times a day.

The usual daily dose is between 12mg and 24mg. The maximum daily dose is 36mg.

Elderly:

Your doctor will decide if you should take Tizorel tablets.

Children and adolescents (under 18 years):

Tizorel tablets are not recommended for use in children and adolescents

Patients with kidney problems:

Treatment should be started with 2mg once daily. Your doctor will advise you on how to increase your dose.

Method of administration:

Tizorel tablets are for oral use. The tablets should be swallowed with a glass of water.

If you take more Tizorel tablets than you should

If you (or someone else) swallow a lot of the tablets all together, or if you think a child has swallowed any of the tablets, contact your nearest hospital casualty department or your doctor immediately. Overdose may cause nausea, vomiting, low blood pressure, a slow or abnormal heart beat, dizziness, small pupils, difficulty breathing, coma, restlessness or sleepiness.

If you forget to take Tizorel tablets

If you forget to take one or more of your tablets, be sure to take only your usual number of tablets at the time of your next dose. Do not take any extra tablets.

If you stop taking Tizorel tablets

Do not stop taking Tizorel tablets unless your doctor tells you to. Treatment with Tizorel tablets should be stopped gradually, especially if you have been taking a high dose, unless your doctor has told you otherwise. Stopping treatment suddenly may cause effects such as an increase in heart rate and high blood pressure.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

What are the contraindications of Tizorel Tablet?

Do not take Tizanidine tablets if you

- are allergic (hypersensitive) to tizanidine or to any of the ingredients in your medicine
- have severely impaired liver function
- are taking medicines such as fluvoxamine (for depression) or ciprofloxacin (an antibiotic)

Take special care with Tizanidine tablets

Check with your doctor before taking Tizanidine tablets if you have:

- kidney problems
- heart problems such as coronary artery disease
- liver problems.

Taking other medicines

Tizanidine tablets must not be taken at the same time as fluvoxamine (to treat depression) or ciprofloxacin (an antibiotic).

Please tell your doctor or pharmacist if you are taking

- any medicine to treat an abnormal heart rhythm, such as amiodarone, mexiletine or propafenone
- cimetidine (for indigestion and digestive ulcers)
- some antibiotics known as fluoroquinolones, such as enoxacin, pefloxacin or norfloxacin
- rofecoxib (a painkiller)
- the contraceptive pill. You may respond to a lower dose of Tizanidine tablets if you are taking the pill.
- ticlopidine (to prevent blood clots)
- any medicine to treat high blood pressure, including diuretics (water tablets)
- beta blockers, e.g. atenolol, propranolol
- digoxin (used to treat congestive heart failure and problems with heart rhythm)
- any sedatives (sleeping pills or medicines for anxiety)
- any other medicines which, when taken with Tizanidine, might affect your heart's rhythm: check with your doctor or pharmacist.

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines including medicines obtained without prescription.

Taking Tizanidine tablets with food and drink

Tizanidine tablets can be taken independently of meals. Alcohol may increase the sedative effect of Tizanidine tablets. It is not recommended to drink alcohol while taking Tizanidine tablets.

Pregnancy and breast feeding

Tizanidine tablets are not recommended for use during pregnancy and breast-feeding. Tell your doctor if you think you may be pregnant, and ask your doctor for advice before taking any medicine. Driving and using machines

Tizanidine tablets may cause drowsiness or dizziness. If you are affected do not drive or operate machinery.

What are the adverse effects of Tizorel Tablet?

Like all medicines, Tizanidine tablets can cause side effects, although not everybody gets them.

The following side effects have been reported:

Common (affects 1 to 10 users in 100):

- Drowsiness, tiredness, dizziness
- Reduction in blood pressure
- Increase of blood pressure when stopping the treatment suddenly
- Dry mouth
- Decrease or increase in heart rate.

Rare (affects 1 to 10 users in 10,000):

- Hallucinations
- Sleep disorders including difficulty in sleeping
- Allergic reactions (itching, rash)
- Nausea, stomach upsets
- Changes in the function of the liver – it may be necessary to have blood tests to monitor this
- Muscle weakness.

Very rare (affects less than one user in 10,000):

- Inflammation of the liver (hepatitis) or liver failure, which may lead to yellowing of the eyes or skin and/or production of dark urine. Consult your doctor immediately if this occurs.

Other side effects (frequency unknown):

- Abnormal heart rhythms
- Headache, abnormal movements
- Difficulty focusing the eyes
- Loss of appetite
- Anxiety, confusion

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.

عمومی خوراک:

۲ تا ۴ ملی گرام دن میں ۳ مرتبہ روزانہ یا ڈاکٹر کی ہدایت کے مطابق۔

PRESENTATION:

Tizorel Tablets 2 mg : Pack of 1 x 10's tablets.

Tizorel Tablets 4 mg : Pack of 1 x 10's tablets.

STORAGE:

Store below 30 °C.

Protect from light, heat and moisture.

Keep all medicines out of the reach of children.

۳۰ ڈگری سینٹی گریڈ سے کم درجہ حرارت پر رکھیں۔

روشنی، گرمی اور نمی سے محفوظ رکھیں۔

تمام دوائیں بچوں کی پہنچ سے دور رکھیں۔

Manufactured by:

Martin Dow Marker Ltd
7, Jail Road, Quetta, Pakistan.
13002852